

## Day Hike Kit List

Troop Scarf to make us identifiable

Walking Boots

Walking socks

Waterproof jacket

Waterproof trousers or gaiters (optional)

Scout Activity trousers or shorts or equivalent (NO JEANS)

Warm jumper/fleece

A few layers – e.g. shirt & T-shirt or a couple of T-shirts

Something to act as a base layer (e.g. cotton t-shirt)

Basic First Aid Kit

2 Litre Water-bottle

Hat, gloves & scarf

Emergency rations – e.g. chocolate/boiled sweets

A bag to put it all in (I recommend a 25 to 35 litre rucksack. Anything else is too small/big/unsuitable)

**Bag Packing Tip:** Place critical items, such as First Aid kit, in an easily accessible location.

**Hiking Tip:** No bag is completely waterproof. Pack the gear into builders' rubble sacks and that will make a big difference if it pours down. Any other bag, e.g. bin bag, is far too thin.

### **ALL ITEMS SHOULD BE CLEARLY LABELLED WITH THE SCOUTS' NAME**

The following items are NOT allowed on the hike as they could get damaged/lost or act as a distraction:

- Radios
- Electronic games
- Mobile phones

***The Scout Leaders accept no responsibility for any lost, stolen or damaged items on the hike.***

**PLEASE MAKE SURE THAT YOU PACK YOUR WET WEATHER GEAR AT THE TOP OF YOUR RUCKSACK JUST IN CASE IT STARTS TO RAIN**

**BAG PACKING IS NOT MEANT TO BE DONE BY PARENTS!**